

# PORTO

INTERNATIONAL  
CONFERENCE FOR  
THE BEST CARE FOR  
THE DYING PERSON  
**NOV 13-15 2024**

PROGRAM

International  
Collaborative  
for Best Care  
for the Dying Person



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## INTERNATIONAL COLLABORATIVE SYMPOSIUM 13TH NOVEMBER

The International Collaborative for Best Care for the Dying Person (Chaired by Professor John Ellershaw, University of Liverpool, UK)

**9h00** - Welcome and introduction to the International Collaborative (Professor John Ellershaw, University of Liverpool, UK)

**9h25** - Key achievements: highlights from 2024 (Professor Carl Johan Fürst, Lund University, Sweden)

**9h40** - Innovations in 2024: updates from Reference Centres

- Norway: Revising the Care Plan – cascading changes sustainably (Grethe Skorpen Iversen RN, Haukeland University Hospital, Norway)
- Argentina: Spreading the Care Plan within general hospitals is challenging beyond the Palliative Care team's responsibilities (Dr. Vilma Tripodoro, Pallium Latinoamerica, Argentina)
- Sweden: Developing a course for leaders responsible for implementing a Care Plan (Anette Duarte RN, Lund University, Sweden)
- Discussion

**11h00** - Workshops

- Introduction (Professor Carl Johan Fürst, Lund University, Sweden)
- **Workshop 1**
  - What is the 10/40 Model for Best Care for the Dying Person? (Dr. Susie Wilkinson, University of Liverpool, UK)
  - Training and education in the Serious Illness Care Programme (Dr. Stephen Mason, University of Liverpool UK)
  - EAPC White Paper on Care for the Dying (Professor John Ellershaw, University of Liverpool, UK)
  - Revising the Care Plan – cascading changes sustainably (Grethe Skorpen Iversen RN, Haukeland University Hospital, Norway)
  - Spreading the Care Plan within General Hospitals (Dr. Vilma Tripodoro, Pallium Latinoamerica, Argentina)
  - Developing a course for leaders responsible for implementing a Care Plan (Anette Duarte RN, Lund University, Sweden)
- **Workshop 2**
  - Groups rotate
- Feedback and discussion

**12h30** - Lunch time

**13h30** - International Research in the Collaborative

- Introduction (Professor Agnes van der Heide, Erasmus University Medical Centre, Netherlands)
- **Pitches on international research**
  - Research on Core Outcome Sets and benchmarking (Professor Carl Johan Fürst, Lund University, Sweden)
  - Research on serious illness communication (Dr. Anna Sandgren, Linnaeus University, Sweden)
  - Research on volunteering in end of life care (Professor John Ellershaw, University of Liverpool, UK)
  - Research on end-of-life decisions (Professor Agnes van der Heide, Erasmus UMC, Netherlands)
  - Research on the 10/40 Model for Best Care for the Dying Person (Dr. Stephen Mason, University of Liverpool, UK)
- Round table discussion 1
- Round table discussion 2
- Summary and feedback
- Concluding remarks and future steps

**16h00** - The International Collaborative Annual General Meeting

- Welcome and Annual Report Overview (Professor John Ellershaw, University of Liverpool, UK)
- Membership Update (Dr Susie Wilkinson, University of Liverpool, UK)
- Financial Report (Associate Professor Mark Boughey, University of Melbourne, Australia)
- Summer School, Málaga 2025 (Dr. Marisa Martin Rosello, Fundacion Cudeca, Spain)
- 10th Annual Conference, Liverpool 2025 (Professor John Ellershaw, University of Liverpool, UK)

## INTERNATIONAL COLLABORATIVE CONFERENCE 14TH NOVEMBER

### Communication and Integration - Improving care for dying people and their families

**9h00** - Welcome and Introduction to The International Collaborative for Best Care for The Dying Person (**Rui Carneiro / John Ellershaw**)

#### **9h15** - Communication - Serious illness conversation

- Serious Illness Conversation: what it is? (**Carl Johan Fürst, Lund University, Sweden**)
- Serious Illness Conversation: how to adjust to your reality? And in Portugal? (**Barbara Antunes**)
- Oral Presentation of selected abstracts

#### **11h00** - Suffering: Is it a treatable trait?

- Lessons from iLIVE: Live well; Die well cohort study (**Agnes van der Heide, Erasmus MC, Netherlands**)
- Investigating Suffering: what science has to do with it? (**Harvey Chochinov, University of Manitoba, Canada**)

#### **12h30** - Lunch time

#### **13h30** - Hot topic: Dying from cancer and non-cancer disease - is it different?

- Highly specific signs of imminent death (**Catarina Simões, Escola Superior de Saúde de Santa Maria, Portugal**)
- Can we actually diagnose dying? (**Séamus Coyle, University of Liverpool, UK**)
- Oral Presentation of selected abstracts

#### **14h00** - Integration: Can end of life care be mainstream?

- Public Engagement in EoL: views from iLIVE (**Marisa Martín-Roselló, Cudeca Hospice, Spain**)
- Integration of technology in the relief of suffering (**José Luís Pereira, Universidad de Navarra, Spain**)
- Quality of care of the dying in modern Internal Medicine wards in Portugal (**Rui Carneiro, Hospital da Luz- Arrábida, Portugal**)
- Oral Presentation of selected abstracts

#### **16h00** - Hot topic: Medication issues in last days of life

- Pharmacologic approach to care in last days: from evidence to consensus (**Patricia Santos, Palliative Community Care Support Team of Almada - Seixal, Portugal**)
- Pharmacologic approach to care in last days: focusing on the patient (**Eric Geijteman, Erasmus MC, Netherlands**)
- Oral Presentation of selected abstracts

#### **16h30** - The collaborative: Looking to the future (**Prof. John Ellershaw**)

- Reflection of the day / Prizes / End of the day

## WORKSHOPS 15TH NOVEMBER

#### In Communication:

- Communication about Serious Illness – English (**Carl Johan Fürst**)

#### In Integration:

- Integration and fostering Hope in the care of the seriously ill: tools and strategies for everyday clinical work (**Ana Querido**)
- Investigation in end of life: methodological and ethical challenges and pitfalls (**Bárbara Antunes**)

## FEES AND PRICES

	Full Collaborative Members	Non-Collaborative Members
13-14 Nov	175€	225€
14 Nov*	150€	200€
14 Nov**	100€	150€
WS***	100€	150€

\*In person and lunch included / \*\*Online / \*\*\*Limited places



## GETTING TO PORTO

### From Europe

Porto is well-connected to major cities in Europe through its international airport, **Francisco Sá Carneiro Airport (OPO)**, which serves numerous airlines offering direct flights.

Upon arrival at Francisco Sá Carneiro Airport, visitors can reach Porto city center and **Santa Maria Health School** conveniently via **taxi, metro or bus**.

### From Other Continents

Travelers from outside Europe can reach Porto via connecting flights to **Francisco Sá Carneiro Airport (OPO)** or other major European hubs such as **Lisbon Portela Airport (LIS)** or **Madrid-Barajas Adolfo Suárez Airport (MAD)**.

Once in Europe, visitors can proceed to Porto by taking a connecting flight or utilizing train or bus services, depending on their preferences and travel arrangements.

## WHERE TO STAY

### Hotels

**Hotel Cristal** - Book through this link - <https://www.hoteiscristal.pt/cristalporto/en/>

Information: It is the closest hotel to Santa Maria Health School.

**Porto City Hotel** - Book through this link - <https://portocityhotel.com/>

**Renaissance Porto Lapa Hotel** - Book through this link - <https://www.marriott.com/en-us/hotels/opobr-renaissance-porto-lapa-hotel/overview/>

**Hotel Jaguar** - Book through this link - <https://hoteljaguar.eu/dvti/slideSite/>

**All Accor Porto Hotels** - [search for more amazing hotels in the City of Porto](#)



## Information and Registration

Get all the information about the **International Collaborative for Best Care for the Dying Person** and registration on the **Annual Conference** on this QR CODE or in the following website:

<https://www.bestcareforthedying.org/annual-conference>

### Organizing Committee

António Carneiro, Internal Medicine, Intensive Medicine, Hospital da Luz Arrábida - Portugal;  
Bioethics Study Group - Portuguese Internal Medicine Society  
Catarina Simões, Nurse Specialist in Community and Medical-Surgical Care; Escola Superior de Saúde de Santa Maria - Portugal, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Daniel Cunha, Nurse Specialist in Medical-Surgical Care; Escola Superior de Saúde de Santa Maria - Portugal  
Rui Carneiro, Internal Medicine, Palliative Medicine, Hospital da Luz Arrábida; Bioethics Study Group - Portuguese Internal Medicine Society

### Scientific Committee

John Ellershaw, Professor of Palliative Medicine, University of Liverpool, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Susie Wilkinson, Palliative Care Unit Liverpool University, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Paal Piret, Anthropologist, Paracelsus Medical University Salzburg · Palliative Care Research Institute, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Agnes van der Heide, Public Health, Erasmus MC - Netherlands, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Marisa Martín-Roselló, Geriatrics, Palliative Care, Fundación Cudeca - Spain, EAPC Task Force for the Dying/ International Collaborative for the Best Care for the Dying Person  
Edna Gonçalves, Oncology, Internal Medicine, Palliative Medicine, Centro Hospitalar de S. João, Porto - Portugal  
Teresa Sarmiento, Oncology, Centro Hospitalar de Trás-os-Montes e Alto Douro - Portugal  
Helena Beça, Family Physician, Palliative Care, Palliative Care Community Support Team, Vila Nova de Gaia - Portugal