

**International  
Collaborative  
for Best Care  
for the Dying Person**

# OVERVIEW

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Supported by the Coordinating Centre at

**Palliative Care Institute**

Liverpool

## CONTACT DETAILS

### **International Collaborative for Best Care for the Dying Person Co-ordinating Centre**

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## EXECUTIVE OFFICERS

### **Chair**

Professor John Ellershaw  
Professor of Palliative Medicine, University of Liverpool, UK  
Director of the Palliative Care Institute Liverpool

### **Vice Chair**

Professor Carl Johan Fürst  
Professor of Palliative Medicine, Lund University, Sweden  
Vice Chair: International Collaborative

### **International Liaison Lead**

Dr Susie Wilkinson  
Palliative Care Institute Liverpool, UK

### **Coordinating Centre Administrator**

Jo Davies  
Palliative Care Institute Liverpool, UK

## INTRODUCTION

The International Collaborative for Best Care for the Dying Person (hereafter referred to as 'the Collaborative') was formed in January 2014 by a group of leading thinkers, practitioners and researchers from 12 countries who had previously worked together on a EU FP7 Co-ordination and Support Action Grant to optimise research for the care of cancer patients in the last days of life, known as OPCARE9. The vision of the Collaborative is:

**“A world where all people experience a good death as an integral part of their individual life, supported by the very best personalised care”**

The Collaborative is administered from the Coordinating Centre, which is based at the Palliative Care Institute, University of Liverpool, UK.

## OBJECTIVES

The Collaborative will:

- Build on, extend and foster the collaborative working relationship established during the OPCARE9 EU 7th Framework Project, guided by the principles of the International Collaborative for Best Care for the Dying Person
- Drive forward an international 'care for the dying' research agenda and undertake collaborative international research
- Encourage international learning and teaching collaborations to improve care for the dying
- Set, articulate, and nurture values, quality indicators, obligations and strategic aims related to care for the dying across the international clinical community
- Provide an international platform for health professionals to communicate with each other to improve the care for the dying
- Support the development of an international model for clinical documentation of care at the end of life, together with associated materials and processes, within a five year Quality Assurance Cycle
- Develop an effective communication strategy across international partners to

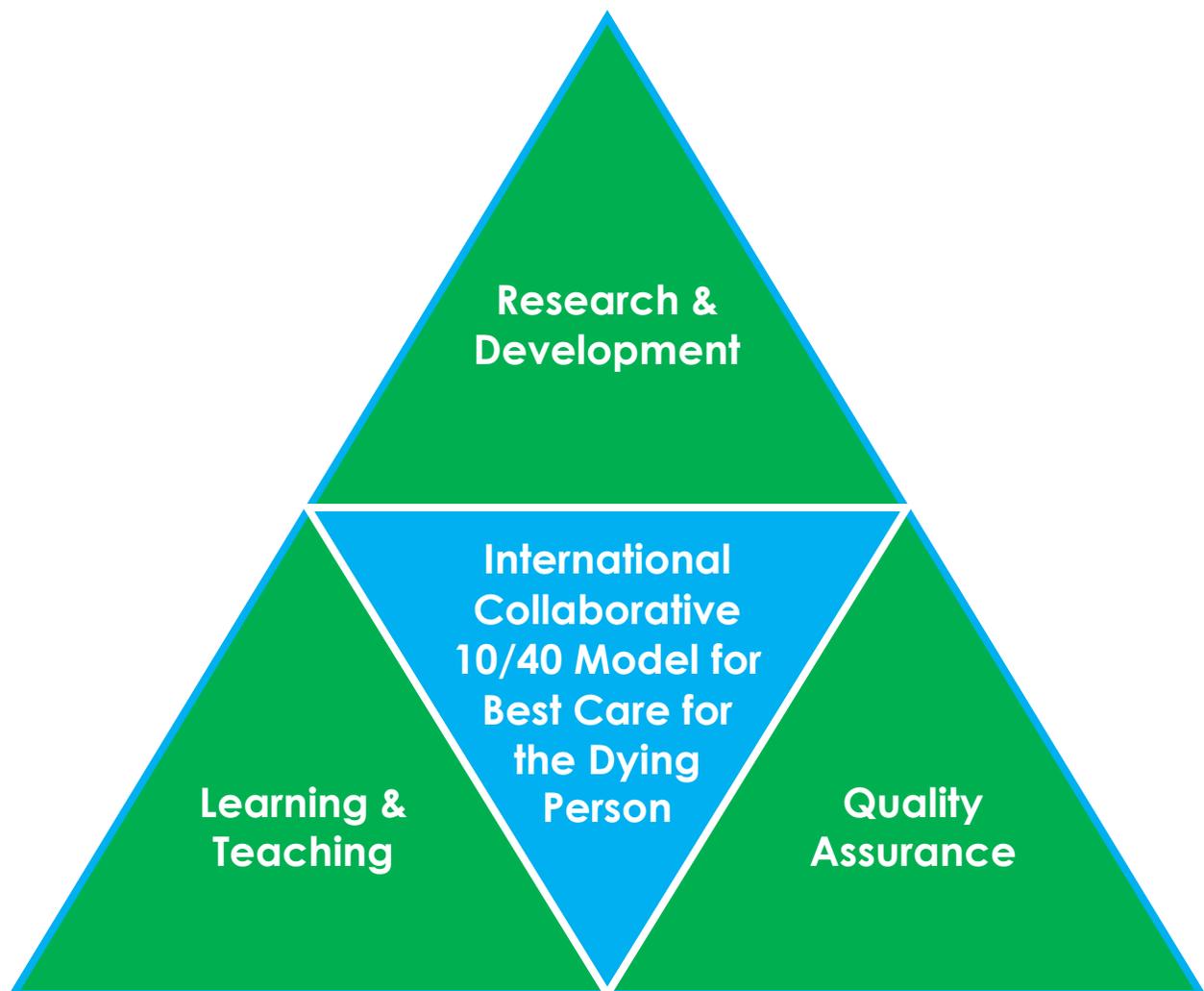
enable innovative growth in support of dynamic international care for the dying work streams, acknowledging, disseminating and celebrating success

- Develop and participate in societal debate about care for the dying person and the wider issues of death and dying in society
- Hold an Annual General Meeting
- Hold an Annual International Symposium

## WORK THEMES

The Collaborative incorporates four key themes as illustrated in Figure 1 below. These themes are described in detail overleaf.

**Figure 1: The International Collaborative for Best Care for the Dying Person**



## 1. The International Collaborative 10/40 Model

The 10/40 Model is derived from the 10 key principles (Ellershaw and Lakhani, 2013) and 40 outcomes of care that support quality and safety in individualised patient care. The 10/40 Model is at the heart of all that the International Collaborative does. It provides:

- A **Pre-Implementation Clinical Document Audit Tool** that allows members to assess their current care for the dying against the 10 key principles and 40 outcomes of care.
- A platform from which members can develop their own robust **Clinical Document/Care Plan** to suit their local context and governance arrangements, with the assurance that it is based on a valid, reliable and transferable international evidence base in care for the dying, developed by the Collaborative over many years.
- An **Assessment of Congruence**, with permission to use the International Collaborative logo and Congruence Statement on clinical documents that the Collaborative Executive Committee deems to be congruent with the 10/40 Model.
- The **Ten Step Implementation and Dissemination Model**, a tool to help members in the process of implementing the International Collaborative 10/40 Model at the bedside within their organisation/service.

## 2. Research and Development

This theme incorporates a suite of project groups intended to strengthen worldwide commitment and capacity to undertake high quality, robust research in this complex and critical area of care. It includes a range of cross cutting themes and methodologies, including quality outcomes and indicators, enabling the generation of valid, reliable and transferable evidence to support important developments and advances in clinical practice and policy. Current projects include:

- **Live Well, Die Well: A research programme to support living until the end (iLIVE):** An EU Horizon 2020-funded research project involving 15 Collaborative-member countries, which includes two embedded clinical trials.
- **International Care of the Dying Evaluation (iCODE):** An ERANet LAC-funded research project using the CODE™ questionnaire to evaluate bereaved relatives views on care of the dying across seven member countries.

### 3. Learning and Teaching

The Learning and Teaching theme incorporates a suite of projects that serve to articulate, disseminate and evaluate education and training opportunities and collaboration, to develop and nurture a generation of practitioners with the confidence and competence to work within a multi professional dimension, bridging the gaps between science and policy, medicine and health.

The education programme to assist healthcare professionals in implementing the International Collaborative 10/40 Model currently includes:

- The **Annual Summer School**, which enables new and prospective members to learn about the work of the Collaborative and provides **facilitator workshops** for those implementing the 10/40 Model who wish to update themselves and work on new projects.
- **Foundation Courses** for institutions wishing to implement the International Collaborative 10/40 Model.

### 4. Quality Assurance

The Quality Assurance theme incorporates project groups that to build on our work to date, incorporating cutting edge real world evidence into transferable, sustainable, quality assured processes, which will have the capability of improving the quality of life for dying people, however and wherever they die. The Collaborative currently provides:

- A **Clinical Document Audit Toolkit**, which members can use to assess their current practice against the International Collaborative 10/40 Model for Best care for the Dying Person.
- A **Quality Improvement Framework** to contribute to the sustainability of the International Collaborative 10/40 Model in clinical practice.

## FURTHER INFORMATION

Further information on the work and membership of the International Collaborative for Best Care for the Dying Person is available on the Collaborative website: <https://bestcareforthedying.org>.